

# BONSOR 55+ SOCIETY

## BOARD OF DIRECTORS MEETING

HELD AT BONSOR CENTER

NOVEMBER 8, 2024

**In Attendance:**

Ernie Kashima, President

Eugene Hamel, Treasurer

Elizabeth Revoczi (Director)

Brian Pound, Vice President

Albert Lam (Director)

Brenda Felker, (Director)

Louise Kowalenko, Secretary

Pat Couch (Director)

Kelli Tibbles (Staff)

**Regrets:** Mary Horton (Director), Margaret Li (Director)

**Attendance:**

There were 8 Directors in attendance. Therefore, the quorum requirement (½ of the Board of Directors being present) having been met and the meeting was declared able to proceed.

***“Before we start, I would like to take a moment to recognize we are on the ancestral and unceded homelands of the hən̓q̓əmi̓n̓əm and Skwxwú7mesh speaking peoples, and to extend appreciation for the opportunity to hold a meeting on this shared territory.”***

1. The meeting was called to order by Ernie Kashima at 10:00 am. Welcome to Guests.- None.
2. November 2024 Agenda – Amendments and Approval

**MOTION by:** Brian Pound to accept the agenda. **Seconded** by Elizabeth Revoczi. **Motion Carried**

3. Minutes of the Previous Meeting – Amendments and Approval

Sub-Committee Reports. Elizabeth: Choir

Remove the following sentence “We have approached the Board for replacement equipment of the microphone cord and cymbal stand.” As it was the Sing-Along Group that requested the new equipment.

**MOTION** by Pat Couch to accept the Minutes of October 2024 as amended. **Seconded** by Louise Kowalenko. **Motion Carried**

4. Business Arising from the Previous Minutes

a. Fall Dinner Dance

We have 96 registered attendees. Ernie and Brian will be manning the bar. We are raising the alcohol prices from \$5 to \$7 per glass or \$20 to \$25 per bottle to cover costs. Thank you to everyone who promoted the Fall Dinner Dance. Thank you to everyone who worked as a volunteer for the dance.

b. Remembrance Day

On behalf of the Board of Directors Brian Pound will be presenting our Remembrance Day Wreath at the Cenotaph.

c. MahJong

The incident with the Mahjong Executive has been forwarded to the City Managers for their decision.

d. Mahjong playing in Lounge

On Fridays a “quiet” version of Mahjong has begun playing in the lounge. We have been informed that members from our Mahjong Group are planning to resume playing the louder version of this game in the Lounge. The decision to ban Mahjong from the Lounge will be reinstated with no tile games being permitted in the Lounge at any time.

5. Correspondence

- a. letter from Mah Jong. We are awaiting direction from the City Managers on how to proceed with this matter.
- b. thank you card from Snooker for subsidizing the resurfacing of their snooker tables.
- c. thank you card from City Staff for the financial contribution and Board volunteers who supported the Big Boo for Halloween.

6. President’s Report

Our Bonsor bus continues to get use as it was booked 8 of the 26 days it was available in October (It was in for body repair the last week of October). Unfortunately, we have had three minor accidents with the new

bus resulting in an \$8,000 repair bill. The repairs are now complete, and we are coordinating with PARC/Mulberry to have the bus wrapped and our logo put on.

Alice Crestejo has submitted her resignation from the Board as she wants to remain on the Executive of Sing-Along.

Reassignment of the following Board Liaison position will be discussed at the next meeting:

TAI CHI TRADITIONAL -

TAI CHI (YANG STYLE) –

SING-ALONG –

DUPLICATE BRIDGE –

BRIDGE (PRACTICE) –

#### 7. Treasurer's Report

**MOTION:** by Eugene Hamel to accept the Treasurer's Reports of September 2024 and October 2024 as circulated. **Seconded** by Brenda Felker. **Motion Carried.**

**MOTION:** by Eugene Hamel to purchase a \$45,000 term deposit. **Seconded** by Brenda Felker. **Motion Carried.**

The 2024 Inventory List of Assets has been updated but there remain some outstanding assets. Eugene and Ernie will meet to finalize the 2024 Inventory List.

#### 8. Staff Report – Kelli Tibbles

- Staff Update – Rav is off sick, we have AUX staff working her hours Tues-Fri, TJ (clerk) has a new job at ECC and last day at Bonsor 55+ will be Nov. 13
- Please no cash money to be placed in the pickup behind the counter
- Christmas Lunch is Wednesday, Dec. 4 – 11:45-2pm in the banquet hall
- Pancake brunch – Dec. 18 – 9:30-11am or 11:30-1pm
- Maywood Elementary will be coming to the lounge to give a performance on Thursday, Dec. 14 @ 10am
- Need to find the owner of the microwave that has been placed in MP ½ as it needs to be removed

#### 9. Sub-Committee Reports – Please see November 2024 Group Reports attached to these Minutes.

#### 10. New Business

##### a. Karaoke

Karaoke is no longer a Group as they have become a Drop-In Program.

##### b. Chinese Pearl in the Ocean of Arts Group

Louise Kowalenko will now be the Board Liaison for this Group. The Pearl in the Ocean of Arts Group had their first two new sessions in October. To become a Group Members attendees must pay the yearly \$22.05 fee to the City of Burnaby as well as the yearly \$10 Society contribution. If any non-member wishes to attend, they must pay a \$2 drop-in fee per session.

- c. Maywood School

**MOTION:** by Louise Kowalenko to provide up to a maximum of \$150 towards the purchase of goodie bags for the performance of Maywood School at the 55+ Society Centre. **Seconded by** Brian Pound. **Carried**

- d. Group Leader serving on any Group Executive.

We have revisited the 55+ Society policy of not allowing any 55+ Society Board of Director additionally serving as a Group Executive Member of any 55+ Society Group. While this may mean that we lose out on having members join the Board we cannot allow this due to a conflict of interest.

- e. Firefighters Toy Drive

The Firefighters are inviting all Bonsor 55+ members to participate in their Annual Pancake Breakfast and Toy Drive. The Pancake Breakfast and Toy Drive is to be held at the Hilton Hotel Metrotown. Entry is free if you bring a new gift for a child. In return, you will receive a free pancake breakfast or a continental breakfast to go! Live musical performances entertain the crowd as we place the gifts underneath the large Christmas tree in the center of the ballroom.

11. Dates to Remember.

EVENT	DATE	LOCATION	TIME
Christmas Luncheon	Wed, Dec 4	Bonsor Banquet Hall	11:45 – 2 pm
BOD Christmas Get-Together	Wed, Dec 4	Private home	7 pm
Maywood School Choir	Thu, Dec 12	55+ MP3	10 – 10:30 am
Christmas Pancake Breakfast	Wed Dec 18	55+ Lounge	9 – 10:30 am
<b>2025</b>			
Wine and Cheese	Wed, Feb 5	55+ Lounge	11:45 – 2 pm
Pancake Breakfast	Fri, Feb 14	55+ Lounge	
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Feb 14</b>	<b>Multi 3</b>	<b>1 pm</b>
55+ AGM	Fri, Feb 28	Banquet Hall Main Bldg	10 am
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Mar 7</b>	<b>Small Room Main Bldg</b>	<b>2 pm</b>
St Patricks' Dinner Dance	Fri, Mar 14	Banquet Hall Main Bldg	5-9 pm
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Apr 11</b>	<b>Multi 3</b>	<b>10 am</b>

Volunteer Luncheon Riverway Golf Club	Thu, May 1	Riverway Golf Club	
Health Fair (with Mulberry Parc)	Fri, May 9	Banquet Hall	TBA
Group Leaders Meeting	Wed, June 4	Multi 1/2	
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Jun 13</b>	<b>Multi 3</b>	<b>10 am</b>
<b>BOARD OF DIRECTORS MEETING</b>	<b>July</b>	<b>CANCELLED</b>	
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Aug 8</b>	<b>Multi 3</b>	<b>10 am</b>
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Sep 12</b>	<b>Multi 3</b>	<b>10 am</b>
Coffee Bar Brunch	Thu, Sep 25	55+ Lounge	
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Oct 10</b>	<b>Multi 3</b>	<b>10 am</b>
Fall Dinner Dance TBD	Oct 24 or Nov 14	Banquet Hall Main Bldg	
<b>BOARD OF DIRECTORS MEETING</b>	<b>Fri, Nov 14</b>	<b>Multi 3</b>	<b>10 am</b>
Christmas Lunch	Wed, Dec 3	Banquet Hall Main Bldg	
BOD Christmas Event	Wed, Dec 10	Private Home	7 – 10 pm
Pancake Breakfast	Fri, Dec 17	55+ Lounge	

12. Good and Welfare

Meeting adjourned.

*Ernie Kashima*

ERNIE KASHIMA, President

*Louise Kowalenko*

LOUISE KOWALENKO, Secretary

**BOARD OF DIRECTORS MINUTES CAN BE FOUND ON THE 55+ WEBSITE**

## **BONSOR 55+ SOCIETY**

Bonsor 55+ Centre - 6533 Nelson Avenue, Burnaby, BC V5H 0C2 – phone 604-297-4580 – Fax 604-297-4583

### **SUB-COMMITTEE REPORTS OF THE BOARD OF DIRECTORS**

**NOVEMBER 2024**

**A. Albert –Table Tennis, Tennis,**

TENNIS – The outdoor season for 2024 has now closed. This group will resume for the 2025 Season in April. Registration will begin mid April.

TABLE TENNIS – Whether you're a casual or competitive player. Table tennis offers moderate-intensity activity, which is good for your heart. Table tennis raises the heart rate, helps strengthen muscles, mobilizes the joints and, importantly, sharpens reaction times and hugely improves hand-eye coordination. Due to the fast-paced, short-distance nature of the sport, both gross and fine muscle movements are improved. It's easy on the joints. In October a total of 1,122 members turned out to play. We have jumpstarted our Group donation for Maywood School.

**B. Tai Chi Traditional, Tai Chi Yang Style**

TAI CHI TRADITIONAL This Traditional Double Yang Tai Chi Group, is led by Master Victor Chow, and practices three times a week at the Bonsor 55+ Building:

Tuesday 8:30 - 11:00 am in MP1 and 2

Friday 3:00 - 5:00 pm in MP1 and 2

Saturday 9:00 - 11:00 am

Overall, our operation continues with no change through to the end of December.

Tuesday 1:30 to 3:30 pm in MPR1

Program: continue practicing Tai Chi 8,16, and 24 forms. If time permits, we will include Qi Gong exercises

This is our adaptation due to limited space for member movements when practicing various Tai Chi (TC) forms.

Friday 8:30 to 10:45 am in MPR1 and MPR2

Program: from 8:30 to 9:25 will continue to be taught TC 16 to the end of Dec. (We encourage all new members, with little or no TC exposure, to attend Friday morning class to start with the basic TC steps)

Starting Jan 2025, TC 24 will be taught from the beginning steps (TC16 will be completed by end of December) Program: from 9:30 to 10:45 TC Cane 36 forms will continue to be taught on an ongoing basis.

Our social committee is currently planning our Christmas events and Holiday breaks. As we are in the early stages, we do not have any plans or requests to submit. Regardless, all functions will be self funded.

TAI CHI (YANG STYLE) – Tuesday and Friday classes - no material changes to our program for the month of September.

Tuesdays - we practice Tai Chi (TC) 8, 16, and 24 forms as well as Chi Gong exercises that incorporate breathing techniques.

Fridays - we set aside the first hour for new/newer members to practice TC 8 and 16 forms. The second hour is used to practice our TC Cane (incorporates a walking cane with TC movements).

We continue to accept new members wishing to join our 55+Tai Chi Group. For new members with little or no Tai Chi background, we encourage them to join our Friday morning class where we have more room with MPR1 and MPR2.

SING-ALONG - Enjoy this friendly social gathering and sing all your favorites. Includes the playing of instruments, dancing and refreshments. Can sing solo.

As usual, we will sing beautiful songs from 50 & 60s, famous songs from around the world, musical theatre, and folk songs. All in English, such as: Hello Dolly, You are my Sunshine, Over the Rainbow, By the Light of the Silvery Moon etc.

If you would like to sing a solo, please bring your cel phone, recordings, or sing without music. If you use a music script, please give a copy to Esther Chui, ahead of one session. Everyone is welcome!

In September, we met on October 10, 2024, and October 24, 2024, from 1 to 3 pm at Mult 1 & 2. Only two sessions. The attendance has dropped as a few members were vacationing in Hong Kong. But there were a few new members joining us. The average was about 28 for October.

The feed back we get from the newcomers were positive. They like the music, the solos, the socializing. They will come back and sign up as members.

We had Esther Chui playing the piano for us. But Esther is going to H.K. for the month of November. I found May to play for November. But she is also going to Hong Kong after November. Getting a steady piano player is still a struggle for the Sing Along.

We bought some cords, and a drum stand from Tom Lee. We will send in a request for reimbursement later.

### **C. Brian –Computer, Bingo, BSAC, Publicity**

COMPUTERS EDUCATION – Attendance down, blame it on weather and time of year

BINGO – Happiest group at Bonsor

BURNABY SENIORS ADVISORY COMMITTEE (BSAC) – No Report.

PUBLICITY- No Report

### **F. - Bridge, Bridge (Practice)**

DUPLICATE BRIDGE – No Report.

BRIDGE (PRACTICE) – A friendly group meets every Tuesday, year-round, from 1 to 4 pm in the Bonsor 55+ Centre room MP3 for an afternoon of practicing bridge skills and non-competitive bridge play. This is an Intermediate Level group and some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group. We have 21 members

### **C. Ernie – Bus Committee, Card Group, Badminton**

BUS COMMITTEE – Our Bonsor bus continues to be used as it was booked 8 of the 26 days it was available in October (It was in for body repair the last week of October). Unfortunately, we have had three minor accidents with the new bus resulting in an \$8,000 repair bill. The repairs are now complete, and we are coordinating with PARC/Mulberry to have the bus wrapped and out logo put on.

As always, we are looking for more drivers.

BADMINTON – October is a quiet and yet busy month. The Executives team is busy getting all the pieces together to host the Peter McConville Cup tournament on Nov 22, 2024. The tournament is using a team competition format. This adds another layer of organizational work in making it happen. There was no PBB training program in October. However, the PBB trainers provided free one on one badminton training to some Gap Days participants.

We also had a fun "Orange & Black" dress day at the gym. Members never disappoint to have "More Fun and Better Badminton"

Stay tuned for the exciting Nov PMC Team Tournament and all the funs happening at the post tournament tea party in the Nov report. Have a great month

### **D. Louise – Karaoke, Social Line Dance & Practice Line Dance**

KARAOKE – Karaoke has now become a "Drop-In" program as of November 1, 2024. There are two sessions on Sundays: 10 am – 1 pm and 1:30 pm – 4:30 pm.

Come join our 55+ Karaoke program for a fun time singing your favourite songs. A friendly atmosphere awaits where you can socialize and share your experiences. Choose a song from our first-class sound system as it will surely enhance your singing experience! First come, first served and drop-in rates apply.

SOCIAL LINE DANCE – Learn and improve your line dance knowledge and skills! This is the place to be if you want to become a comfortable, or seasoned line dancer. Ongoing line dance classes can improve balance, co-ordination, memory and styling techniques. Get started dancing today and meet friendly people sharing the same interest of dance! Please wear comfortable, smooth sole shoes to allow for easy, comfortable dance movements.

Wednesday and Friday classes are held weekly.

Wednesdays Class: The Wednesday Social Line Dance program ran smoothly in October. We had 5 sessions, an average of 23 participants in each class, mostly were regular members. There was a total of 4 new drop ins, 2 non-members came in for their 1st free trial. Total revenue \$113.00.

We would like to thank the Board for the generous funding towards our Christmas party, and Louise for putting in our request at the board meeting. Our party will take place on our last session of the year, Wednesday, December 18th, from 1:30pm to 4:30pm. There will be no drop-in class that day, it's only for members who signed up for the party.



We have started the planning, sign up began today until November 20th, members were quite enthusiastic, I expect to have 30 - 35 people at the party. We'll take some photographs from our event and post them on the Society's website along with a brief summary.

*Fridays Class:*

attendance:

week 1 - 32

week 2 - 22

week 3 - 23

week 4 - 31

total: 108

total collection: \$112 new participants this month: 5

We had one issue this month with the free ad block app in our Chromebook for playing YouTube videos I have fixed the ad issue when playing YouTube videos. I have just subscribed to YouTube premium, and I can use my YouTube account on the groups Chromebook. Somewhere down the road I think we'll need a new tablet because the Chromebook is sluggish.

PRACTICE LINE DANCE – A volunteer leads this lively group as they practice various line dances. Members must be registered in one of the City of Burnaby Line Dance class to take part in this group. Group Fee: \$10 annually. The Practice Line Dance group meets the weeks when City of Burnaby Line dance. As we approach the end of the year, we do not anticipate any additional new members joining for 2024.

*Practice Sessions*

Our practice schedule will remain consistent with our usual pattern, ensuring continuity and routine for all members.

*Community Support*

We extend our sincere gratitude to the Centre for their ongoing support and generosity. Their contributions continue to play an essential role in enabling and enriching our activities.

CHINESE PEARL IN THE OCEAN OF ARTS GROUP - The Pearl in the Ocean of Arts Group had our first two new sessions in September.

Our class date and time:

Thursdays 5:00pm -8:00pm

In Multiple-room 1&2, Bonsor 55+ Center.

We do fashion modeling practices led by a well-known instructor Ms. Jane Liu from 5-6pm;  
Chinese folk dance from 6-7pm led by a professional dance instructor Ms. Spring Wang.  
Tibetan and Mongolian dance for men from 7-8pm led by an instructor Mr. Guo.

Everyone is welcome to join us for fun and practice every Thursday evening. Please contact: Gerry at 236-838-1886 both in English and Chinese.

#### **E. Mary –Snooker, Open Arts, Website,**

SNOOKER – We started every Wednesday with our B team winning 3 for 2 matches rotating home and away matches well into the new year. We hosted evening movie night on the big screen “ Colour of Money”

We had our yearly Mary Horton match in West Vancouver. We might not have won the trophy, but we surely won the respect of West Van for such a display of unity. All aboard the New Bonsor bus.

We hosted a day of 9 Ball tournament with lunch, winners and trophy. We also hosted a new B Select team

We are continuing to enrol one new member.

OPEN ARTS – The Open Art group continues with our weekly sessions and regular features of Artist of the Month and Theme Display on the second floor display boards during October. Write-up and pictures from our Mulberry event were uploaded onto our web page as shown below:

<https://bonsor55.plussociety.org/2016-06-20-03-28-59/activity-news/741-mulberry-parc-art-walk-september-2024>

As always, details of the group's activities can also be found on our webpage: [Open Art Studio](#)

WEBSITE – No Report.

#### **F. Margaret Li – BEARS, Mah Jong**

BEARS - We meet on Friday mornings at 10 - 12 and knit or crochet, have tea and cookies, lots of friendly chat and are getting ready for the fall Sale. The products produced are sold every fall at the Fall Craft Sales with proceeds donated to charity

MAHJONG– Each play time, there are group leaders helping with organizing members into tables of 4. There are also volunteers to teach learners to play if required. There are very dedicated volunteers helping to organize and encourage a fun atmosphere. With a growing membership base, diverse activities, and plans for special events, our club remains committed to creating memorable experiences for all its members. We encourage all members to actively participate in these events to foster a stronger and more connected community. About 10% of members are in vacation during Nov. We have arranged Nov11 for new members registration for 2025. No outing has been arranged in Nov. A bus trip for Christmas Lights on Dec18 has been arranged.

#### **I. Pat – Social Dance (Mon/Wed & Tues/Thurs) & Weight Room**

DANCE - Monday/Wednesday

Dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. The monthly attendance for August: Monday 338 and Wednesday 566.

#### DANCE – *Thursday Evenings*

A fun social dance (including ballroom, Latin and other dancing) with a live band playing. Light refreshments included.

The average number of dancers attending for the month of October hovers around 105. Everything went well. We celebrated Halloween on Thursday Oct. 31. Many came dressed in Halloween costumes. They were quite imaginative. Prizes were given out to various spot dances as well as the best male and lady's outfits. Prizes were generously donated by Ron and Roz. We were glad the dancers had a good time.

WEIGHT ROOM/CARDIO – All is well with this program. Staying physically & mentally active is a big help for those attending our group.

#### **J. Brenda – VOBBS, COFFEE BAR/ BAKING, BSRS**

VOBBS – On November 6, there was a Workshop presented by the Memorial Society of B. C. on the various low-cost options for members of the non-profit group regarding funeral arrangements. This was the last of the series on End-of-Life Planning. The subject was very popular, and the workshop was filled within two days of posting with a waiting list. Lunch was provided. On November 20, a workshop on Living with Pain is in the planning stages and notice in the form of a poster will be out in the next week to ten days. The Lakeview Room at the Bill Copeland Centre has been booked until December 18 and other events will be advertised closer to the dates.

COFFEE BAR & BAKING – The coffee bar is operating smoothly.

As always, the Baking Group continues to provide delicious cookies and muffins for Coffee Bar. The volunteers who run the Coffee Bar serve beverages and treats for all members of 55+. Please come and enjoy our 55+ Lounge!

BURNABY SENIORS RESOURCES SOCIETY – BSRS - No Report.

#### **K. Elizabeth – Choir (Bonsor Singing Seniors)**

CHOIR (Bonsor Singing Seniors) – On behalf of the Bonsor Singin' Seniors Choir, here's my report for October 2024: Attendance: Oct 4: 18 attendees. Oct 11: 19 attendees. Oct 18: 19 attendees. Oct 25: 16 attendees. Counting all 4 days, the average for October is 18 people per practice.

In September we had 30 members signed up (2 of them male, and possibly 2 others but I can't tell by their names, and I haven't seen them lately).

So, we're basically down to singing 2-part harmony. We need to recruit more men and indicate to all comers that some ability to read musical notation is desirable. And Sylvaine still wants me to find a new conductor so she can return to singing alto.

I've booked 2 Christmas concerts so far: Renfrew Park Recreation Centre on 11th Dec, and Mulberry Parc Residence on 20th Dec.

Chelsea Pereira has also asked us to perform on 4th December for the Bonsor 55+Society Xmas Lunch. Performance time not yet confirmed.

**BOARD OF DIRECTORS GROUP REPORTS CAN BE FOUND ON THE 55+ WEBSITE**