BONSOR 55+ SOCIETY

BOARD OF DIRECTORS MEETING HELD AT BONSOR CENTER

September 13, 2024

In Attendance:

Ernie Kashima, President Albert Lam (Director) Alice Crestejo (Director)

Brian Pound, Vice President Pat Couch (Director) Nicole Fleury(Staff)

Eugene Hamel, Treasurer Elizabeth Revoczi (Director)

Louise Kowalenko, Secretary Cleo Wah (Director)

Regrets: Brenda Felker, (Director), Margaret Li (Director), Mary Horton (Director)

Attendance:

There were 9 Directors in attendance. Therefore, the quorum requirement (½ of the Board of Directors being present) having been met and the meeting was declared able to proceed.

"Before we start, I would like to take a moment to recognize we are on the ancestral and unceded homelands of the handaminam and Skwxwú7mesh speaking peoples, and to extend appreciation for the opportunity to hold a meeting on this shared territory."

- 1. The meeting was called to order by Ernie Kashima at 10:03 am. Welcome to Guests.- None.
- 2. Agenda Amendments and Approval

MOTION by Louise Kowalenko to accept the agenda. Seconded by Elizabeth Revoczi. Motion Carried

3. Minutes of the Previous Meeting – Amendments and Approval

CORRECTION: #9 Under Staff: the 55+ Centre is open:

Monday - Thursday: 8:30 am-9:00 pm

Friday: 8:30 am-5:00 pm

Saturday - Sunday: 9:00 am-5:00 pm

MOTION by Cleo Wah to accept the Minutes of August 2024 as amended. **Seconded** by Albert Lam. **Motion** Carried

- 5. Business Arising from the Previous Minutes
 - Social Dance Band fee increase

Pat would like to increase the fee paid to the band to \$400. This matter should be reviewed with all four Burnaby Recreation Centre when contract renewal comes up..

MOTION BY Pat Couch to increase the band fee to \$400 per session immediately. **Seconded** by Louise Kowalenko. **Motion Defeated.**

b. Audit/Review Update

As this is quite an expensive procedure a letter will be sent to an accounting firm requesting clarification on a few reporting questions for a lesser fee. Our main accounting questions are around funds collected for overnight bus trips and how to account for any funds, either shortfall or leftover. Eugene and Monica will prepare the questions for an accounting firm, and we will pay by hour.

MOTION: by Ernie Kashima to solicit assistance on a few accounting questions by an accounting firm. **Seconded** by Eugene Hamel. **Motion Carried.**

c. Tai Chi – Sonny Lee program time request

Tai Chi is requesting additional practice time and space to accommodate another session due to their increasing attendance numbers. We have no space to offer to Tai Chi. We request City Staff to explore the possibility of any time/space in the main building. City staff will investigate this request and will inform us of their findings.

d. Banking Update

Mary has been making inquiries about changing our current banking institution. Mary will report back next month.

6. Correspondence

The monthly minutes that are posted outside the office have been defaced by the crossing out of the Indigenous Lands Acknowledgement. We ask all Directors be cognizant of this defacement. City Staff will review footage of the area which is monitored by cameras.

7. President's Report

The new key entry on the bus has been installed. There have been over 15 trips per month with the new bus. Monica continues to schedule all trips. Both Monica and Brett will be stepping down from their volunteer positions with the bus and we are looking at possible replacements.

Thank you to those Directors who helped with the Badminton Registration. The process was very orderly and there were 234 Burnaby applications. Burnaby non-members who have registered will now be put into the lottery program which will be drawn next Tuesday.

The BBQ lunch scheduled for Friday Oct 4 will have two seating sessions at 11 am and 12 pm with a maximum of 40 members per session. Cost is \$10 and members must pre-register through the 55+ office.

There will be a fall dinner dance on November 8 – \$35 per member and \$45 per non-member.

Burnaby members who have reached the age of 90 or older have their 55+ membership cost waived. These members just need to present their identification in person to the 55+ office staff. Individual Groups may opt to also waive the \$10 contribution, but it must be made by Motion at their YGM. If the Group votes to waive the \$10 contribution fee it must be absorbed by the Group.

As the Chess Club has not returned post Covid we will donate the chess games to Maywood Elementary School.

8. Treasurer's Report

Reinvestment of \$40,000 into a term deposit will be deferred until next month pending a banking institution change.

MOTION by Eugene Hamel to accept the Treasurer's Reports of August 2024 as circulated. **Seconded** by Alice Crestejo. **Motion Carried**

9. Staff Report – Given by Nicole Fluery

Nicole reviewed upcoming calendar events for 2024 and 2025. Please see Calendar of Events included in item 12 of these minutes.

Feb 5, 2025 – confirmed and booked for wine & cheese

Mar 7, 2025 – AGM not available and moved back to Feb 28, 2025 & booked(this date was spoken about and why I went back to it to get the space)

Mar 14, 2025 - Confirmed and booked for St Patrick's Dinner & Dance

May 1, 2025 - Confirmed and booked for Volunteer Lunch at Riverway

June 4, 2025 - Confirmed and booked for Group Leaders meeting

Sept 25, 2025 - Confirmed and booked for Coffee Bar Volunteer Lunch

Nov 7, 2025 – Fall Dinner & Dance not available/alternative dates will be Oct 24th or Nov 14th, one of these dates will need to be decided on soon so please let us know

Dec 3, 2025 – Confirmed and Booked for Christmas Lunch

The booking clerk has reminded Chelsea and I that the event dates for 2025 will need to be submitted three months from today as the public will have access to book starting in January. The Society will have some opportunity to make some changes, but it would be best to have the main dates secured in the Banquet Hall by Dec 13th of this year.

10. Sub-Committee Reports – Please see September2024 Group Reports attached to these Minutes.

11. New Business

a. Bus Logo

The Board was given three options as to the Society logo to be used on the back doors of the bus. A majority of the Directors chose the updated version of the original logo.

b. Internet Access

The internet access in the 55+ building is very slow and can take up to an hour to load just one site. The City is planning to upgrade access points in early 2025. In the meantime, the City will add three data ports now for faster Wi-Fi connectivity at no cost to the Society.

c. Ears to You collaboration

This organization would like to offer "free" consultations to our members. This opportunity would be better if presented at an upcoming Health Information Exhibition coordinated with Mulberry Parc and the Society.

d. Financial Security collaboration

This organization would like to offer "free" consultations to our members This opportunity would be better if presented at an upcoming Health Information Exhibition coordinated with Mulberry Parc and the Society.

e. Mah Jong Time Request

The Mah Jong Group has requested a change of times for their program.

MOTION by Louise Kowalenko to change the time allotted to the Mah Jong Group. **Seconded** by Cleo Wah. **Motion denied.**

f. A Treasure in Arts Ocean – Chinese Folk Arts Group Burnaby New Group Application

This organization is looking to form a Group with a time slot of 4-7 pm on Thursdays. The would also prefer a Mandarin speaking Board Liaison.

MOTION by Louise Kowalenko to accept the application for a Treasure in Arts Group pending City approval. **Seconded** by Brian Pound. **Motion carried.**

g. Open Arts

The Open Arts group request \$100 to replenish art supplies and support a potluck luncheon.

MOTION by Louise Kowalenko to provide the Open Arts Group with \$100 to be used towards art supplies but not a potluck luncheon. **Seconded** by Brian Pound. **Motion carried.**

h. Directors joining as Group Executives

Due to a conflict-of-interest 55+ Society Directors shall not act in any capacity on a Group Executive. If a Group has a lottery system any currently serving Group Executive, or Society Executive member is exempt from the lottery.

- i. Director Responsibilities Review A review of Director roles and responsibilities.
 - A. Review of Activity Area Liaisons, Sub-Committees as per Directors Manual
 - B. Remuneration of Directors
 - Free trials
 - Spouses
 - C. Volunteer hours
 - D. Group Membership checks if current
 - E. YGM
 - Confirm YGM room space and date with City staff FIRST
 - Attend YGM with City Staff representative
 - Hold the hand of your Group Leader
 - Notice 21 days in advance
 - YGM packages prepared 30 days in advance
 - YGM forms available
 - Treasurer Criminal Records Check
 - F. Board Events
 - Set up and take down
 - Volunteer stations
 - Committee assignments
 - G. Monthly Group Reports
 - H. Website promotion critical promotion

12. Dates to Remember.

EVENT	DATE	LOCATION	TIME
YGM Mah Jong	Mon, Sep 9	55+ MP1/2	3 pm
Badminton Registration	Tue, Sep 10	Gymnasium	8:30 am
YGM Snooker	Sep 12		2 – 4 pm
BOD meeting	Fri, Sep 13	Multi 3	10 am
YGM Table Tennis	Sept 14		9:30-10:30 am
YGM Tennis	Sep 24		

Coffee Bar Brunch	Thur, Sep 26	55+ Lounge	10:30 – 2:30
Active Aging Week	Oct 4 - 11	Multiple Bonsor locations	Multiple Times
Members Burger BBQ	Fri, Oct 4	55+ Lounge	
BOD meeting	Fri, Oct 11	Multi 3	10 am
Big Boo	Oct 25	Bonsor Banquet Hall	
YGM Tai Chi Double Yang	November TBD		
BOD meeting	Fri, Nov 8	Multi 3	10 am
Fall Dinner Dance	Fri, Nov 8	Bonsor Banquet Hall	5-9 pm
Christmas Luncheon	Wed, Dec 4	Bonsor Banquet Hall	11:45 – 2 pm
BOD Christmas Get-Together	Wed, Dec 4	Private home	7 pm
Maywood School Choir	Thu, Dec 12	55+ MP3	10 – 10:30 am
Christmas Pancake Breakfast	Wed Dec 18	55+ Lounge	9 – 10:30 am
2025			
Wine and Cheese	Wed, Feb 5	55+ Lounge	11:45 – 2 pm
Pancake Breakfast	Fri, Feb 14	55+ Lounge	
BOARD OF DIRECTORS MEETING	Fri, Feb 14	Multi 3	1 pm
55+ AGM	Fri, Feb 28	Banquet Hall Main Bldg	10 am
BOARD OF DIRECTORS MEETING	Fri, Mar 7	Small Room Main Bldg	2 pm
St Patricks' Dinner Dance	Fri, Mar 14	Banquet Hall Main Bldg	5-9 pm
BOARD OF DIRECTORS MEETING	Fri, Apr 11	Multi 3	10 am
Volunteer Luncheon Riverway Golf Club	Thu, May 1	Riverway Golf Club	
Group Leaders Meeting	Wed, June 4	Multi 1/2	
BOARD OF DIRECTORS MEETING	Fri, Jun 13	Multi 3	10 am
BOARD OF DIRECTORS MEETING	July	CANCELLED	
BOARD OF DIRECTORS MEETING	Fri, Aug 8	Multi 3	10 am
BOARD OF DIRECTORS MEETING	Fri, Sep 12	Multi 3	10 am
Coffee Bar Brunch	Thu, Sep 25	55+ Lounge	
BOARD OF DIRECTORS MEETING	Fri, Oct 10	Multi 3	10 am
Fall Dinner Dance TBD	Oct 24 or Nov 14	Banquet Hall Main Bldg	
BOARD OF DIRECTORS MEETING	Fri, Nov 14	Multi 3	10 am
Christmas Lunch	Wed, Dec 3	Banquet Hall Main Bldg	
BOD Christmas Event	Wed, Dec 10	Private Home	7 – 10 pm

Pancake Breakfast	Fri, Dec 17	55+ Lounge	
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Good and Welfare

Monica Robidoux is leaving to live on Vancouver Island. She has served as Board member, Board treasurer, Bus trip co-ordinator and Computer Club volunteer. We wish her luck in her move. She will certainly be missed. A thank you card will be sent to Monica on behalf of the Board.

14. Meeting adjourned.



Louise Kowalenko

ERNIE KASHIMA, President

LOUISE KOWALENKO, Secretary

BOARD OF DIRECTORS MINUTES CAN BE FOUND ON THE 55+ WEBSITE

BONSOR 55+ SOCIETY

Bonsor 55+ Centre - 6533 Nelson Avenue, Burnaby, BC V5H 0C2 - phone 604-297-4580 - Fax 604-297-4583

SUB-COMMITTEE REPORTS OF THE BOARD OF DIRECTORS SEPTEMBER 2024

A. Albert – Table Tennis, Tennis,

<u>TABLE TENNIS</u> – Table Tennis Group report for the month of August 2024: A total of 1,325 members turned up in the month of August to play table tennis. There's a cancellation on one Saturday morning. Table tennis group is planning to have a lunch gathering in September, we are expecting 120 members attending

<u>TENNIS</u> – This season the Bonsor Tennis 55+ Club has a total of 38 members. Central Park courts #9-10-11-12 are reserved every Monday Wednesday Friday from 9:00-12:00 noon for Bonsor Tennis 55+ paid members only.

This August we've had a few rained out days, however, we do have some very keen members that squeegee the courts and play. Also our fun pizza and watermelon day had to be rescheduled twice due to inclement weather, finally took place on August 30th.

Courts #9-10-11-12 was closed for approximately seven days for resurfacing maintenance, they are now in optimum condition. Time is flying by quickly...our official year end season is September 27, 2024. We are now in the process of planning our year end dinner for all Bonsor 55+ club members plus guests.

B. Alice - Tai Chi Traditional, Tai Chi Yang Style

<u>TAI CHI TRADITIONAL</u> Traditional Double Yang Tai Chi Group, led by Master Victor Chow, practices three times a week at the Bonsor 55+ Building:

- Tuesday 8:30 11:00 am in MP1 and 2
- Friday 3:00 5:00 pm in MP1 and 2
- Saturday 9:00 11:00 am

Other than having a new member joining us, we have no events to report in August.

<u>TAI CHI (YANG STYLE)</u> – Tuesday and Friday classes - no material changes to our program other than addition of new members for both classes.

Tuesdays - we practice Tai Chi (TC) 8, 16, and 24 forms as well as Chi Gong exercises that incorporate breathing techniques.

Fridays - we set aside the first hour for new/newer members to practice TC 8 and 16 forms. The second hour is used to practice our TC Cane (incorporates a walking cane with TC movements).

<u>SING-A-LONG</u> - Enjoy this friendly social gathering and sing all your favorites. Includes the playing of instruments, dancing and refreshments. Can sing solo.

Summer is almost over, and Sing Along is starting September 12, 2024 from 1 to 3 pm. Bonsor Mult 1&2. As usual, we will sing beautiful songs from 50 & 60s, famous songs from around the world, musical theatre, and folk songs. All in English, such as: Hello Dolly, You are my Sunshine, Over the Rainbow, By the Light of the Silvery Moon etc.

If you would like to sing a solo, please bring your cel phone, recordings, or sing without music. If you use a music script, please give a copy to Esther Chui, ahead of one session. Everyone is welcome!

C. Brian -Computer, Bingo, BSAC, Publicity

COMPUTERS EDUCATION -

A great opportunity to come have your electronics-related questions answered. Volunteers work with you to try to solve your computer, phone and tablet-related problems. Word processing, Internet, e-mail and photo management are examples of topics this group is helpful for. \$1.00 Bonsor The Computer Club and Bonsor 55+ is losing an incredible volunteer. Monica Robidoux is leaving to live on Vancouver Island. She has served as Board member, Board treasurer, Bus trip co-ordinator and Computer Club volunteer. We wish her luck in her move. She will certainly be missed.

BINGO – Usual weekly group.

<u>BURNABY SENIORS ADVISORY COMMITTEE (BSAC)</u> – Next meeting, September 24, 1 p.m., Bonsor

PUBLICITY- No Report

F. Cleo - Bridge, Bridge (Practice)

<u>DUPLICATE BRIDGE</u> – No Report.

<u>BRIDGE (PRACTICE)</u> – A friendly group meets every Tuesday, year round, from 1 to 4 pm in the Bonsor 55+ Centre room MP3 for an afternoon of practicing bridge skills and non-competitive bridge play. This is an Intermediate Level group and some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group. We have 21 members

C. Ernie – Bus Committee, Card Group, Badminton

<u>BUS COMMITTEE</u> - Our new bus is proving quite popular as we had 16 trips in August and already have 13 scheduled for September. A huge thank you to Keith Saunders who has helped get everything done in terms of keys and maintenance. A number of our Society groups are now booking the bus for day trips.

SOUTH ASIAN CARD GROUP - No Report.

<u>BADMINTON</u> – August was a very active month for the badminton club. Here are the highlights of our activities:

2025 55+ Badminton Club Registration:

Our registrar, LK, worked hard to send out the registration information package to members on August 12. Since many members do not have access to a printer, the Executives assisted by distributing printed registration and play session selection forms. Additionally, the Executives hosted a "Documents Check Clinic" on Friday, August 30.

• 3-Try Out Option:

We received five new applicants for the 3-Try Out option and scheduled their gym sessions accordingly. Due to the growing popularity of these requests from the public, the club plans to develop formal Try-Out Procedures to manage this effectively.

Free Grip, Better Badminton (FGBB) Program:

The FGBB Program launched on Friday, August 9, and has already provided new grips, free of charge, to 36 members. The program is available every Friday from 10:00 AM to 10:30 AM outside the gym.

PBB and B3 Training Programs:

The PBB training was successfully completed on August 8, with the pro-grade feeding machine being a popular addition among participants. One trainer developed a 4-week program to address

a request from a member who asked, is it possible to have a 4 weeks program to improve her game skills. Following this, the B3 (Better Speed, Better Turns, and Better Touch) Training Program ran from August 15 to September 3 which was open to all. This fun training program benefited 12 members to participate at no cost to them.

D. Louise – Karaoke, Social Line Dance & Practice Line Dance

<u>KARAOKE</u> – Monthly attendance number: August 4 - total 33 members. August 11 - total 28 members. August 18 - total 34 members. August 25 - total 32 members. Event held - none. Events planned - Mid-Autumn Festival celebration Dinner on Sunday, Sept 8.

SOCIAL LINE DANCE - Wednesday and Friday classes are held weekly.

Wednesdays Class:

The Wednesday Social Line Dance ran smoothly for the month of August. There were 4 sessions, an average of 24 members attended each session, a total of 7 new drop-ins during the month.

Fridays Class:

Everything went well in august. No sound system issues. Nobody got turned away and no complaints! Members are used to the checking in system and everyone was orderly. attendance numbers: week 1-27, week 2-29, week 3-24, week 4-29, week 5-33 total - 142

From May to August there were 33 new participants - roughly 60% of them stayed and came regularly. Everyone had a good time.

<u>PRACTICE LINE DANCE</u> – A volunteer leads this lively group as they practice various line dances. Members must be registered in one of the City of Burnaby Line Dance class to take part in this group. Group Fee: \$10 annually. The Practice Line Dance group meets the weeks when City of Burnaby Line dance.

Membership Update: We currently have 38 members, an increase of one since our last report. Practice Sessions. We are delighted to report that we extended our practice sessions throughout August. This special arrangement, during the class summer break, was well-received by our members. We owe a great deal of thanks to the dedicated staff of the Centre, whose exceptional assistance made this possible.

<u>Community Support</u>: We sincerely appreciate your continued support and generosity. It makes a real difference to our community.

E. Mary –Snooker, Open Arts, Website,

SNOOKER – During the period from May 2024 to August 09, 2024, the Bonsor Snooker

Club conducted 2 main tournaments. The Harvey Lee Double Knockout Snooker Tournament ran from 2 July 2024 to 19 July 2024. There were 32 participants who played 63 frames (games) to determine the Champion Stan Ziolkowski.

The 2024 House League Tournament ran from 08 May 2024 to 08 August 2024 for 14 weeks with 4 House Teams with approximately 56 members competing for the championship. The Championship team was Beat It. Again! captained by Joe Leung. The other participating teams were Pot Black, captain George Kawaguchi, Red Black Only, captain Dan Hanna, and Snooker Dragons, captain Rod Lockhart.

As a participant in the Lower Mainland Seniors Snooker League (LMSSL), Bonsor has a promising team with 20 members. The LMSSL competition includes 8 teams and starts on 4 September 2024 until mid-March 2025.

The Bonsor Snooker Club membership is strong with 70 members. In addition to schedule tournaments, the Snooker Club offers daily free playtime. The skill level of play ranges from novice to expert with varied opportunities to learn the sport and improve skill level. Of course, the Club also offers opportunity for friendship and good times.

<u>OPEN ARTS</u> – The Open Art group continues with our weekly sessions and regular features of Artist of the Month and Theme Display on the second floor display boards. During the summer months, our group self organized a number of Plein Air painting sessions in scenic spots around Vancouver and Burnaby. The resulted paintings became the September theme display. Our group will also be guests at the Art Walk of Mulberry PARC on Sep 21. It promises to be a great show.

As our group continues to grow resulting in crowded tables, Bonsor has been most accommodating by adding one more long table to our session. This pretty well max'ed out the number of large tables that we can have in the room. Future growth will have to be done by adding small tables on a as needed basis. We will monitor the situation closely.

As always, details of the group's displays can also be found on our webpage:

https://bonsor55.plussociety.org/open-art-studio

<u>WEBSITE</u> – Very little activity since the last board meeting. Our present webmaster wishes to retire, and we are actively seeking a replacement volunteer. As it is our "face" to anyone interested in our Society, we need this website to be up to date and interesting.

F. Margaret Li – BEARS, Mah Jong

<u>BEARS</u> - We meet on Friday mornings at 10 - 12 and knit or crochet, have tea and cookies, lots of friendly chat and are getting ready for the fall Sale. The products produced are sold every fall at the Fall Craft Sales with proceeds donated to charity. Main Building floor area (the area BEARS usually use) for the Fall Craft Sales. This is scheduled for 10am-2pm on the Fridays of September 27 and November 1.

MAHJONG-

Each play time, there are group leaders helping with organizing members into tables of 4. There are also volunteers to teach learners to play if required. There are very dedicated volunteers

helping to organize and encourage a fun atmosphere. With a growing membership base, diverse activities, and plans for special events, our club remains committed to creating memorable experiences for all its members. We encourage all members to actively participate in these events to foster a stronger and more connected community.

I. Pat – Social Dance (Mon/Wed & Tues/Thurs) & Weight Room

<u>DANCE</u> - Monday/Wednesday

Dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. The monthly attendance for the month of August: Monday 310 and Wednesday 498.

DANCE - Thursday Evenings

A fun social dance (including ballroom, Latin and other dancing) with a live band playing. Light refreshments included.

Everything went well last month...We lost one of our volunteers ...she moved to Langley and has been replaced by Josephine Tse. .We had a Black and White dance on August 15 and it was well attended with 115 dancers. It was nice seeing so many dancers dressed for the occasion.

<u>WEIGHT ROOM/CARDIO</u> – All is well with this program. Attendance through July & August has remained at our usual 30 names on sign in sheet. We are now seeing a drop in attendance as we progress through September. (Late holidays as the 55+group are away). Staying physically & mentally active is a big help for those attending our group.

J. Brenda – VOBBS, COFFEE BAR/ BAKING, BSRS

<u>VOBBS</u> – VOBBS have completed their summer activities and are now working on ideas for the Fall so there is no report this month.

COFFEE BAR & BAKING -

As always the Baking Group continues to provide delicious cookies and muffins for Coffee Bar. The volunteers who run the Coffee Bar serve beverages and treats for all members of 55+. Please come and enjoy our 55+ Lounge!

As the new coordinator, I took over the coffee bar from Karuna in July. It's been overwhelming as I didn't realize how much work it involved. It has been quite a learning curve for me. I'd like to thank Karuna for her continuing support.

In August, I've revamped a few operation procedures to better monitor the inventory, which include:

- Change the old cashier box to one with a lock.
- Keep the cashier box key and the cabinet key stored at the front counter.
- Implement a sign-in/sign-out procedure for both keys.
- Move the extra supplies to the overhead cabinets.

Also, I plan to gradually extend the coffee bar hours to two shifts:

- Two shifts on Tuesday starting September

- Two shifts on Wednesday starting next January.
- Two shits on Monday, date TBA.

Thursday, Friday & Daturday will continue to be one shift as these days are in general not very busy.

BURNABY SENIORS RESOURCES SOCIETY - BSRS - No Report.

K. Elizabeth – Choir (Bonsor Singing Seniors)

<u>CHOIR (Bonsor Singing Seniors)</u> – No activities to report for the Bonsor Singing Seniors in July and August (our annual break).

We met on 6th Sept to collate the music for the Fall and Xmas concerts, and we will restart practices on 13th Sept.

BOARD OF DIRECTORS GROUP REPORTS CAN BE FOUND ON THE 55+ WEBSITE