

BONSOR 55+ SOCIETY

BOARD OF DIRECTORS MEETING

HELD AT BONSOR CENTER

MAY 10, 2024

In Attendance:

Ernie Kashima, President

Albert Lam (Director)

Alice Crestejo (Director)

Brian Pound, Vice President

Mary Horton (Director)

Cleo Wah (Director)

Eugene Hamel, Treasurer

Pat Couch (Director)

Kelli Tibbles (Staff)

Louise Kowalenko, Secretary

Brenda Felker, (Director)

Ashley James (Staff)

Regrets: Margaret Li

Attendance:

There were 10 Directors in attendance. Therefore, the quorum requirement (½ of the Board of Directors being present) having been met and the meeting was declared able to proceed.

“Before we start, I would like to take a moment to recognize we are on the ancestral and unceded homelands of the hən̓q̓əmi̓n̓əm and Skwxwú7mesh speaking peoples, and to extend appreciation for the opportunity to hold a meeting on this shared territory.”

1. The meeting was called to order by Ernie Kashima at 10 am.
2. Welcome to Guests: None
3. Agenda – Amendments and Approval

ADD:
 Business Arising: j. Choir, k. MahJong,
 New Business: c. Board Liaison Meeting

MOTION by Pat Couch to accept the agenda as amended. **Seconded** by Brenda Felker. **Motion Carried**

4. Minutes of the Previous Meeting – Amendments and Approval

Amendments:

MOTION by Eugene Hamel to accept the Minutes of April 2024. **Seconded** by Mary Horton **Motion Carried**

5. Business Arising from the Previous Minutes

- a. Board Liaison positions:

Margaret Li has been assigned two groups: BEARS and Mah Jong

Badminton	- Ernie
Baking	- Brenda
BEARS	- Margaret
Bingo	- Brian
Bridge (Standard)	- Cleo
Bridge (Duplicate)	- Cleo
BSAC	- Brian
Bus	- Ernie
Calligraphy	- Mary
Choir	- Elizabeth
Coffee Bar	- Brenda
Computer	- Brian
Dance Social M/W	- Pat, Elizabeth
Dance ballroom T/T	- Pat, Elizabeth
Karaoke	- Louise

Mah Jong	- Margaret
Open Arts	- Mary
Practice Line Dance	- Louise
Publicity	- Brian
Sing-along	- Brenda
Snooker	- Mary
Social Line Dance	- Louise
South Asian Card Group	- Ernie
Sunshine	- Elizabeth
Table Tennis	- Albert
Tai Chi Traditional	- Alice
Tai Chi Yang Style [OBJ]	- Alice
Tennis	- Albert
VOBS	- Brenda
Website	- Mary

- b. Social Dance Band fee increase

Pat would like to increase the fee paid to the band to \$400. The expiry date of the existing contract needs to be clarified. This matter is deferred to the June meeting.

c. Practice Line Dance other centres

The Bonsor 55+ Practice Line Dance Group was created to support the City Line Dance class. A current Bonsor 55+ membership holder attends the City Line Dance Class at Edmonds Centre and is inquiring if he can attend the Bonsor Group Practice Line Dance Group.

As long as any member of the four centres attends a City Line Dance Class they are welcome to attend the Bonsor 55+ Group provided they pay the 55+ Membership fee and the Group fee.

d. Lounge Furniture purchase/re-upholstery

This matter has been deferred to January 2025.

e. Coffee Bar

The existing coffee cups are recyclable so they will not be replaced with bio-degradable cups.

f. Website

Mary asks that all Liaisons encourage their Groups to provide photos and commentary to the website.

g. Summer BBQ update

The Welcome to Summer BBQ is scheduled for Thursday, June 13th 2024 11:30 – 3:30pm. The BBQ will be hosted by the City and the Burnaby Firefighters. This is will be a free event for 55+ MEMBERS ONLY. Registration will be through the City and the Society parking lot will be closed off for this event. Cleo has a friend who may donate his musical talents for the BBQ. If the musician is not available we will just use canned music for the entertainment.

MOTION: by Mary Horton to approve the purchase of a BBQ up to a maximum of \$600 including taxes. **Seconded** by Cleo Wah. **Motion Carried**

MOTION: by Brian Pound to approve the donation of \$500 to the Burnaby Firefighters Fund which is collecting monies to support Burnaby Hospital Cancer Foundation. **Seconded** by Cleo Wah. **Motion Carried**

h. Tai Chi space request

The Tai Chi Group Leader is requesting additional space for this Group as they are quickly running out of space. The Group Leader will be informed that a letter of request has already been submitted to the City of the possibility of using the closed Firefighters building for this and other groups. At this time no response from the City has been received.

A member of this Group has requested clarification regarding the fee for members attending more than one session. As this is not a “drop-in” program the Tai Chi members can participate in both sessions for the original \$10 contribution fee and no additional fees will be collected for participation in the second session.

i. Card Playing in Lounge

As of June 1, 2024 Card Playing in the Lounge will be available after 1 pm. Notification via signage to this effect will be posted immediately. No tile games will be allowed in the lounge as members with hearing disabilities find the playing of tile games makes it very difficult to hear.

Additionally the Open Games time slots for afternoons will no longer be available to members.

j. Choir photocopying requests

All photocopying requested by Groups must be received a week in advance. Any request brought on the day of any Group program will not be allowed.. It is not the job of City staff to perform photocopying duties. We have a designated date and time for a 55+ volunteer to complete this task.

k. Mah Jong floor plan set up requests

All floor plan requests by Groups must be submitted a week in advance. Any request brought on the day of the Group program will not be allowed.

6. Correspondence - None

7. President's Report –

The Volunteer Luncheon was a great success. We thank the City of Burnaby for partially funding this yearly event. A very big thank you to Chelsea, Kelli and Kyle for organizing such a well-run event. Thank you to the Core Volunteers for working the food tables. Thank you to Mary for acquiring the door prizes. The gift baskets provided by Mulberry Parc were especially appreciated. We were honoured by the attendance of Mayor Hurly and his staff. Mayor Hurley addressed the volunteers for the work they do to make Bonsor 55+ Society such a welcoming place to come and enjoy.

It is possible that we could have our next Volunteer Luncheon at a City run facility like the Riverway Golf Restaurant facilities.

We anticipate taking possession of the new Bus by the end of July. Ernie asked if the designated bus parking spot could be exchanged with the designated motorcycle space so as to accommodate the longer bus length.

8. Treasurer's Report

MOTION by Eugene Hamel to accept the Treasurer's Report of March and April 2024 as circulated. **Seconded** by Brian Pound. **Motion Carried**

9. Staff Report – Given by Kelli Tibbles

Seniors week – June 3 – 7

- Check out what happening with flyers and promo around the building
- Tuesday, June 4 – Pancake Brunch 11-12 noon - \$8 + taxes – Register in advance
- Thursday, June 6 – Maywood Kindergartens performance in lounge – 1:30 pm followed by ice cream sundaes

10. Sub-Committee Reports – Please see May 2024 Group Reports attached to these Minutes.

11. New Business

- a. Group Leaders Meeting – the Group Leaders Meeting is set for Wednesday June 5th from 12 pm to 2 pm. Lunch will be provided- sandwiches, veggies ad cookies.

The invitation was extended to any member of a Group Executive who may benefit from attending this meeting. The meeting will cover Manual updates for 2024, YGM criteria, Group Executive responsibilities and many other subjects. We will need the attending numbers for the food order by Wednesday June 29th.

- b. Monthly Group Leaders Report – On behalf of the Board Louise is now sending out monthly requests, one week prior to the Board meetings, asking for a Group Leader Report for all groups. This effort has made the collecting of Group Reports very successful as we now have 100% compliance.
- c. Board Liaison Meeting. A Board Liaisons Meeting will be scheduled for September.

12. Dates to Remember.

EVENT	DATE	LOCATION	TIME
YGM Karaoke	June TBD	Bonsor Multi 1/2	
Seniors Week – Painting Demo	Mon June 3	55+ Lounge	11am-12pm
Seniors Week – Pancake Brunch	Tue June 4	55+ Lounge	11am-12pm
Seniors Week – Active Aging Strength & Stretch	Wed June 5	MP 3	9 – 10 am
Group Leaders Meeting	Wed Jun 5	Bonsor Multi 1/2	12pm-2pm
Seniors Week – Maywood Performance	June 6 Thur	55+ Lounge	1:15pm-1:45 pm
Seniors Week - Active Aging: Chair Yoga Beg	June 6 Thur	MP 3	11am – 12 pm
Seniors Week – Zumba Gold	June 6 Tjur	MP 1&2	12pm – 1pm
Welcome to Summer BBQ	June 13 Thur	55+ parking lot	11:30pm-1:30pm
BOD meeting	Fri, June 14	Multi 3	10 am
BOD meeting CANCELLED	Fri, July 12	NO MEETING IN JULY	
BOD meeting	Fri, Aug 9	Multi 3	10 am
YGM Table Tennis	September TBD		
YGM Tennis	September TBD		
YGM Snooker	September TBD		
BOD meeting	Fri, Sep 13	Multi 3	10 am
Coffee Bar Brunch	Thur, Sep 26	TBD	
Active Aging Week	Oct 4 - 11	TBD	
BOD meeting	Fri, Oct 11	Multi 3	10 am
Big Boo	Oct 25	Bonsor Banquet Hall	
YGM Tai Chi Double Yang	November TBD		
BOD meeting	Fri, Nov 8	Multi 3	10 am
Fall Dinner Dance	Fri , Nov 8	Bonsor Banquet Hall	5-9 pm
Christmas Luncheon	Wed, Dec 4	Bonsor Banquet Hall	11:45 – 2 pm
BOD Christmas Get-Together	Wed, Dec 4	Private home	7 pm

Christmas Pancake Breakfast	Fri, Dec 13		9– 10:30
YGM Tai Chi Double Yang	November TBD		
BOD meeting	Fri, Nov 8	Multi 3	10 am
Fall Dinner Dance	Fri , Nov 8	Bonsor Banquet Hall	5-9 pm
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BOD Christmas Get-Together	Wed, Dec 4	Private home	7 pm
Christmas Pancake Breakfast	Fri, Dec 13		9– 10:30

13. Good and Welfare

A Get Well card has been sent to Esther Yu while she recovers from an illness.

14. Meeting adjourned.

Ernie Kashima

ERNIE KASHIMA, President

Louise Kowalenko

LOUISE KOWALENKO, Secretary

BOARD OF DIRECTORS MINUTES CAN BE FOUND ON THE 55+ WEBSITE

BONSOR 55+ SOCIETY

Bonsor 55+ Centre - 6533 Nelson Avenue, Burnaby, BC V5H 0C2 – phone 604-297-4580 – Fax 604-297-4583

SUB-COMMITTEE REPORTS OF THE BOARD OF DIRECTORS

MAY 10, 2024

A. Albert –Table Tennis, Tennis,

TABLE TENNIS – This Group is managing well.

TENNIS – This year we have 32 members including 6 new members. Some players are absent on holidays and some have injuries. We expect our membership will increase in due time. Our play season officially started on April 15, 2024. Courts 9-10-11-12 are reserved from 9:00-12 noon

Monday, Wednesday, Friday for our Bonsor club use only. As of now, club members are playing regular social tennis. However, extra activities are planned for pizza days and a social fun tournament in the following months.

B. Alice – Tai Chi Traditional, Tai Chi Yang Style

TRADITIONAL DOUBLE YANG TAI CHI – Instructor/Teacher: Master Victor Chow (volunteer)

President of Program: Dr. David Chai (volunteer)

Number of members: 30 Membership Fee: \$25.00 per member per year. Average Number of Members Attending Each Session: 15-24 (Tuesday, Friday and Saturday)

Planned Activities: None

Issue with Time Slots: None.

TAI CHI (YANG STYLE) – Attendance averages 24 attendees on Tuesdays and 26 on Fridays.

Note 1- Every Tue. We occupy MPR1 from 1:30-3:30 pm for Beginners Tai Chi (Level I), Level II, and Level III.

Every Fri. We occupy MPR1&2 from 8:30-10:45.

During our 1st hour, we practice Level I and Level II.

During our 2nd hour, we practice Tai Chi Cane and will utilize MPR1&2 completely.

Note 2 -During the latter part of April, our Tues. attendance was 24 and 25. Any number over 20 will hamper our practice of Level III (need more space due to movements). I was told that using a wait list for new applicants is not a viable solution. Thus, I will be advising new applicants to attend our Friday morning sessions, from 8:30 to 9:30 am.

Since our submission of fees to Bonsor Society in February, 2024, our membership has increased by 10. Pat Lee, our Treasurer, currently has \$100 cash on hand. The cash on hand will be forwarded to Bonsor Society shortly.

SING-A-LONG - Our attendance has increased in April. We only have two sessions in April; April 11 (40 people attended) and April 25 (42 people attended). On April 25, 2024, our treasurer, Esther Yue has submitted a cheque of \$490.00 (\$10 x 49) to the Bonsor Treasurer, Eugene Hamel. Esther is not able to come in May, and June. So any new comers can enjoy two free sit ins. They can pay in Sept, 2024 when they join us again. The fee will only be \$5.00 until the end of December.

Our sessions are from 1:00 to 3:00 p.m. at Bonsor Recreation Complex Mult 1&2 every two weeks. Volunteers can enter the room at 12:45 and members can only enter at 1:00.

We are short of room to store our big karaoke machine, mics, books, and coffee sets etc. Our coffee master has to take home some supplies as there is simple no room to store them. The little storage hole to store our drums is also not big enough. The office staff takes the drum set out

before we start, but we have problem to put the drum set back and lock the door because the area is so small. We need more storage space for the drum set for sure.

Wendy, our pianist has announced that she will not be able to play for us in September 2024. So we have posted a "Pianist Needed" poster on the website and at the 55+ office. So far, no one has applied for the position. In Sept, if we still cannot find a pianist, we may have to pay for a pianist just as the Choir group.

C. Brian –Computer, Bingo, BSAC, Publicity

COMPUTERS EDUCATION - Smaller groups last couple weeks

BINGO – Usual weekly group.

BURNABY SENIORS ADVISORY COMMITTEE (BSAC) – Meets via Zoom on Tuesday.

PUBLICITY- Summer newsletter out end of May.

F. Cleo - Bridge, Bridge (Practice)

DUPLICATE BRIDGE – No Report.

BRIDGE (PRACTICE) – No Report.

C. Ernie – Bus Committee, Card Group, Badminton

BUS COMMITTEE - April saw the bus scheduled to go out on 12 trips, but two had to be cancelled because of low registration. One was for Century House and the other for Cameron/Edmonds. We are working with the City to make it possible for anyone, from any of the four Burnaby centers to register for any of the Burnaby trips as a member, instead of paying a non-member fee if they belong to a different center. This will hopefully help fill the buses for all of the trips.

May has 8 day trips planned as well as a four-day overnight trip May 21-24.
The deposit has been placed on the new bus and we are anticipating delivery in July.

SOUTH ASIAN CARD GROUP – No Report.

BADMINTON - We had four Executives away in early April and were unable to hold the regular April Executive Meeting. In April, on average 117 members attended per game day or 1512 in total. However, the work in the club never stopped. Below is a list of things happening in April.

- Celebrated Easter by giving out chocolate eggs to members and did a "Polka Dots" dress-up event on the same day (see picture below).
- Initiated DUB Tournament preparation process
- Initiated DUB Tournament Lunch Social preparation process.

- Worked jointly with Bonsor to move gym entry time from 8:30 am to 8:00 am, effective May 6 to August 30, 2024 to offset some of the gym time reduction from no badminton on stat holidays and one week during spring breaks.
- Developed a new improved gym safety program.
 - o Using a new slogan, "Walking Good; Running Bad"
 - o Using a "Tags Board Zone" procedures
- Hosted a Session Monitor's meeting to prepare the implementation of the new gym operating procedures.
- Completed the 1st Quarterly Financial Report
- Completed PBB Training Program 3rd session in 2024 on April 18, 2024 Scheduled new Gap Days and advertised new one-hour customized compact training program, "Coach's Corner" (Five One Hour, 4 participants only and completely full already)

D. Louise – Karaoke, Social Line Dance & Practice Line Dance

KARAOKE –

Monthly attendance number:

April 7 - total 31 members.

April 14 - total 28 members.

April 21 - total 26 members

April 28 - closed, due to lack of volunteers.

Event held - none. Events planned - none.

SOCIAL LINE DANCE – Wednesdays Class : weekly average : 21 (monthly total: 84) Fridays Class : weekly average: 26 (monthly total: 104) Group's Weekly's Average : 47 (monthly total: 188) No problems were encountered, no events were held and no events planned.

Starting May 1, 2024, Social Line Dance will begin a new calendar year which will be a short one as we have to follow the Society's official calendar year which runs from January to December 2024. Social Line Dance will also begin to operate as a drop in group as no executive team can be formed. Day and time allotment remains unchanged: one class on Wednesday and one on Friday from 1-3 pm. The two classes will operate independently but must follow the same guidelines to make the program cohesive as they operate under the same program name.

Drop-in fees are \$1 per session for 55+ members and \$3 for non-members. Dance floor capacity is limited to 35 participants, on a first come, first served basis.

PRACTICE LINE DANCE – Welcome to our May update, where we were thrilled to share the latest happenings with our Practice Line Dance Group!

Membership Update:

April and May have brought us a wave of enthusiasm with the addition of four new members and the renewal of six existing ones. This brings our total membership to 31 and we are eagerly anticipating further growth as we dive into the summer months. Our commitment to fostering a welcoming and supportive environment remains steadfast and we continue to enjoy the lively spirit of line dancing at Bonsor.

Practice Sessions:

Our practice sessions are on Thursday from 1 pm to 3 pm, catering to dancers of all levels. With dedicated sessions for Beginners, Beginner Plus, Intermediate, and Immediate Plus dances, there is always something for every line dance lover.

Community Support:

Heartfelt thanks to the exceptional team at the Bonsor 55+ Centre, from providing us with top-notch facilities to offering invaluable assistance; they have truly been our partners in success. We extend our deepest gratitude for their continued generosity and commitment to our collective passion for dance.

E. Mary –Snooker, Open Arts, Website, Chinese Calligraphy

SNOOKER – During the month of March 2024, Bonsor Snooker Club attained 1st place in the regular season of the Lower Mainland Seniors Snooker League. The LMSSL ran from October 2023 to March 2024. In the pursuant playoffs, Bonsor S.C. completed against the Minoru Snooker Club for the prestigious “A” Trophy Cup. Unfortunately, Minoru S.C. was very tough and they won the “A” Cup. Despite the loss, Bonsor S.C. had a very successful year.

In April 2024, the LMSSL Post-Season Tournaments are delivered with 9 Senior Snooker Clubs from the Vancouver lower mainland competing. There were 10 separate tournaments with approximately 68 participants overall. In addition to participants there were about 8 referees and 3 tournament directors supporting the very enjoyable tournaments.

Closer to our Bonsor home, the Bonsor House League started on May 8, 2024 and will finish playoffs on 08 August 2024. The purpose of the House League is to give all Bonsor S.C. members an opportunity to play in a league regardless of their experience and skill level. The House League consists for 4 teams, with approximately 12 or 13 players per team, for a total of 51 players signed up. The House League matches happen at Bonsor S.C. every Thursday; there is a morning session (10:30 am), and an afternoon session (1:00 pm).

The Bonsor Snooker Club membership is strong with 69 members. In addition to schedule House League matches, the Snooker Club offers daily free-play time. The skill level of play ranges from novice to expert with varied opportunities to learn the sport and improve skill level. Of course, the Club also offers opportunity for friendship and good times.

OPEN ARTS - This group continues to grow, and does a great job of posting their work all over the Seniors center, and featuring a different member each month, both in the coffee bar and on the internet.

WEBSITE – The website continues to welcome all submissions from our groups. Pictures are always appreciated. Will have board members, at the next meeting, ask their groups to give updates and special events in order to keep our website interesting and up to date.

CHINESE CALLIGRAPHY – Oversubscribed. Kyle working with group leader to find alternate space, as is difficult with format required to keep as an open program. Looking into allotments rather than under the umbrella of the Society, or possibly utilizing the Burnaby Metro Club.

F. Margaret Li – BEARS, Mah Jong

BEARS - This Group is running well.

Mah Jong – This Group is running well.

I. Pat – Social Dance (Mon/Wed & Tues/Thurs) & Weight Room

DANCE - Monday/Wednesday This group is continuing to increase in size. They had approximately 86 attendees each day.

DANCE – Tuesday/Thursday – The Tuesday afternoon Dance is not operating. We only had one dance on May 02.....we had 120 dancers attending...we plan on having a special dance on June 16. The theme will be: Hawaiiandancers are encouraged to come in muus muus or anything Hawaiian leis etc. There will be Spot Dances whereby prizes will be given out. The hall will be decorated with Hawaiian themes.. Hopefully the weatherman will co-operate.

J. Brenda – VOBBS, COFFEE BAR/ BAKING

VOBBS – The final workshop in the Personal Planning Series, Navigating the Health Care System, was held on April 15. These workshops were possible through a Seniors Grant from New Horizons. We were not successful in obtaining a grant for 2023-2024 but with funds from the City of Burnaby, Vobss was able to proceed with another 6 week, bi weekly workshop on Speechcraft. There is space for two more participants who wish to learn how to construct a speech for a verbal presentation in front of a group. The next workshop is on May 23 and if interested please contact vobssociety@gmail.com. There will be no further opportunities past this date. The workshop is free and refreshments are provided.

COFFEE BAR & BAKING – Everything is going well. We will now be serving coffee and hot beverages in cups that are 100% recyclable.

K. Elizabeth – Choir

CHOIR – the monthly attendance averages for 2024 so far: Jan: **15**. Feb: **18**, March: **20**, April: **16**.

We haven't done any concerts yet, we but have the following events planned before the end of June:

- Friday May 17th -- Bonsor Seniors Lounge, between 1:45 and 2:30.
- Wednesday May 22nd – Seniors Choir jamboree (for 5 local choirs) at Edmonds Community Center.
- Friday June 21st – Mulberry Parc retirement home at 2:30

I may try to arrange an additional concert at a local retirement home.

BOARD OF DIRECTORS GROUP REPORTS CAN BE FOUND ON THE 55+ WEBSITE