

BONSOR 55+ SOCIETY

ANNUAL GENERAL MEETING

Friday, February 28, 2025



MEMBER PACKAGE

Board Members February 28, 2025 – February 27, 2026

Ernie Kashima
Brian Pound
Eugene Hamel
Louise Kowalenko
Pat Couch

President
Vice President
Treasurer
Secretary

Mary Horton
Elizabeth Revoczi
Brenda Felker
Albert Lam
Margret Li

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AGENDA

Note: *Please note that reports will not be read at the AGM, please read them in advance.*

- 10:00 A.M. Call Meeting to Order
- (1) Opening Remarks – Chairperson
 - (2) Introduction of Guests, Staff and Board of Directors
 - (3) Approval of Agenda
 - (4) Approval of Minutes of previous AGM
 - (5) Reports
 - a) President’s Report
 - b) Centre Supervisor’s Report
 - c) Group Reports
 - d) Treasurer’s Report
 - I. Questions or Comments on Reports
 - II. Adoption of Reports
 - (6) New Business
 - a) Election of Directors
 - (7) Results of Election
 - (8) Questions and Comments from the floor
 - (9) Announcements
 - (10) Adjournment

PRESIDENT'S REPORT

2024 was a fun, but challenging year, for our Bonsor 55+ Society. Highlights included the two dinner dances where members were able to come together and celebrate the joy of being together eating and dancing. We are fortunate to continue to have an incredibly positive relationship with the City who put on many fun activities for our seniors including Pancake Breakfasts and holiday themed events.

On behalf of the Board of Directors I want to thank all those from the Society who volunteer to serve on their groups' leadership teams and spend many hours making sure their group has the equipment and organization needed to make sure members genuinely enjoy their experience. We also want to thank all those who work for the City and keep our building humming along.

We were thrilled to take delivery of our new bus in August, and it is truly a blessing as it serves all of the Seniors Community Centers in Burnaby.

The challenge of the ever-growing population around our center will be something we need to adjust to moving forward. All of our groups are growing and would like more time, more space, and more hours during daylight times. We will continue to work with City to provide as fair access as possible.

We are also facing the reality of an ageing Board of Directors, many of whom have served for 10-20 years or more. The time is coming when many of the current board will step aside, and we need people from our membership willing to step forward and serve the larger community of Bonsor 55+ Society.

Submitted by: Ernie Kashima – President, Bonsor 55+ Society

CENTRE SUPERVISOR'S REPORT

2024, what a great year!

We continue to grow and welcome many new members to our Centre. It's always so lovely to see the Centre busy with many happy face and continued engagement from all our seniors to support community, inside and outside the building. Our 55+ fitness programs in 2024 continue to grow and expand. It's great to know we have such an active 55+ membership at Bonsor. Big thank you to all the board of director, group leaders and volunteers. Your commitment and passion to Bonsor 55+ and its members is always noticed and very much appreciated.

2024 didn't let up for staff changes at 55+. We said goodbye to Kyle in May as he started a new position with the City as a research assistant for Parks & Rec. We welcomed Ravneet (Rav) in September to a fulltime role and Jaclyln Divito in a parttime role January 2025. Congratulation to both Rav and Jaclyln as they are amazing additions to our team at Bonsor 55+ and are so happy to have them both. Paolo continues to work at 55+ during the weekends and Anthony is a staple on weekday evenings as well as Sundays. Shally continues with her Monday shift and Charmaine, Rick, Shellan, Cesar and Ahman support all of you with your clerical and custodial needs. We've got so many familiar faces that help support the building as well as the needs of the patrons. Thank you to the team for all you do!

Some of the people you may see include:

Centre Supervisor: Kelli Tibbles
Recreation Leaders: Chelsea Pereira (FT), Ravneet Bath (FT), Jaclyn Divito (PT)
Recreation Leaders (Aux): Paolo, Anthony, Julia & Shally
Clerical: Charmaine
Building Services Workers: Rick, Shellan, Ahman & Cesar
Centre Supervisor 2: Ashley James
Complex Supervisor: Misty Troisi

We had many great bus trips and events happen over 2024 and we're so happy to be able to put on such amazing opportunities for our patrons to be able to socialize and have FUN!

For updates on what is happening at Bonsor 55+ please visit the following websites:

www.burnaby.ca/bonsor55+
www.bonsor55.plussociety.org

Thank you, Bonsor 55+ members, for participating in our leisure activities and making Bonsor 55+ Centre and Bonsor Recreation Complex a special place for yourselves and for each other.

Submitted by: Kelli Tibbles – Bonsor 55+ Centre Supervisor, City of Burnaby

GROUP REPORTS:

BADMINTON

The Bonsor 55+ Badminton Group, often referred to as the 55+ Badminton Club, has served as a thriving community hub for badminton enthusiasts, bringing members together three times a week at the Bonsor gym throughout the year. In 2024, our club proudly reached 275 registered members, with a waitlist reflecting its growing popularity. Guided by the theme "More Fun and Better Badminton," this year's Executive Team focused on enhancing members' experiences through memorable social activities and impactful badminton programs. Below is a summary of our key achievements:

Executive Contributions Administration

(Toni Meyer, Secretary) Toni ensured transparency and efficiency in club administrative matters by providing timely, detailed monthly meeting minutes. Her support extended to the Treasurer, aiding in the preparation of financial reports required by the 55+ Society. Toni's dedication has kept members informed and our administrative processes running smoothly.

Finance (Yuling Hou, Treasurer) Yuling's careful management of club finances ensured a stable financial position, with 2024 ending on a positive balance equal to the previous year. Her financial reports to the 55+ Society were detailed and always submitted on time as scheduled. Yuling also spearheaded the idea of hosting the post PMC tournament Tea Party at a commercial venue, which provided a brand-new social lunch event experience to the members. Bravo to Yuling's dedication and creativity.

Registration (L.K. Chieh, Registrar) The 2025 registration process, held on September 10, 2024, was a success, processing: • 322 total applicants • 290 confirmed members (232 Burnaby residents, 58 other cities residents) • 32 on the waitlist Managing registrations included handling the logistics of residency check, submission of forms and fees on registration day with a fair draw-out process (when the incoming applications exceeded the club's 2025 membership capacity), adhering to Burnaby's "Burnaby First" policy, and a quick refund process. LK also refreshed the members' tag registry, updated the play-session schedule, and organized a Welcome Orientation for 2025 members on January 3, 2025. LK's tireless efforts were invaluable to the club administration.

Equipment (Alan So and Simon Tse, Equipment Managers) Alan and Simon introduced systematic checks to ensure consistent birdie quality and timely replacements of game birdies. They also launched the "Free Grip Replacement" program, 82 members received complimentary racket grip replacements. Their contributions to badminton games safety and equipment quality exemplify the spirit of "Better Badminton."

Training Program (Siow Ng, PBB Training Program Coordinator) Siow working with a team of trainers offered a series of "Play Better Badminton" Training Program that could enhance members' skills with structured sessions on fitness, agility, technical and tactical gameplay. The introduction of a professional birdie-feeding machine and customized drills on Gap Days brought practical meaning to the club's slogan, "Play Better Badminton". Additionally, Siow's program generated good revenue to support the club's operations.

Gym Operations (Simon Tse, Monitors Coordinator) Simon led the Monitors team, ensuring smooth gym operations. Innovations such as the "Red Carpet Zone" and "Walk is Good; Running is Bad" improved gym safety. The "Your Hand-Your Tag" system enhanced traffic flow at the Games Board, while simplified attendance reporting procedure benefited Bonsor facility staff in doing facility program attendance stats. Simon's meticulous approach ensured seamless day-to-day operations.

Tournaments (Alex Cheng) Our two tournaments celebrated members' enthusiasm and camaraderie: • June: "Do Your Best" (DUB) Tournament: 140 games, crowning champions across 10 groups. • November: 3rd Annual Peter McConville Cup: 60 members competed in 109 matches across 4 teams, with a new Men's Singles category introduced. Alex's leadership, supported by volunteers, ensured these events were both competitive either in individual or team format and enjoyable to the tournament participants.

Social Events (Charlie Chong) Charlie enriched members' experiences through vibrant social activities, including: • A 10-course Chinese New Year banquet with music and singing performances by the members. • Two memorable post-tournament events, a hot lunch with table service and a Tea Party at a restaurant. • Festive in-gym celebrations for Valentine's Day, Easter, Halloween, and Christmas. These social events fostered connection and camaraderie, leaving lasting memories.

Communication (James Wong) Responding to members' feedback, James with support by the executives in their area of responsibilities has improved the club communication process by: • Making regular announcements and newsletters in both English and Chinese. • Maintaining a busy club email In box with a 90%+ response rate to inquiries within 48 hours. • Updating the bulletin board in the gym on a regular basis. • Published four newsletters in 2024.

Acknowledgments Photographer (Roger May) Roger's photography captured numerous treasured moments, enriching our member's memory experience with club activities. His short film entitled "In memory of Peter McConville" to commemorate our past president, Mr. Peter McConville is beyond amazing. Bonsor Staff (Kelli Tibbles and Team) Kelli and her team provided exceptional support, from gym access to registration assistance. They are accessible, responsive and professional in everything they do with the club. The Club is grateful to call Bonsor 55+ Society Building our home. 55+ Liaison (Albert Lam) Albert's guidance and words of wisdom helped the Executive Team navigate challenges effectively.

Volunteers Our dedicated volunteers are the backbone and unsung heroes of the club. Their tireless, reliable and enthusiastic spirit are the keys in ensuring the continual success and smooth operation in the club.

Looking Ahead As we celebrate the successes of 2024, we also face important questions: • Can we increase membership capacity or registration frequency to welcome more members? • How should membership fees balance affordability with enhanced activities, e.g. social events? These questions will shape the path for the next Executive

Team. This season, our club proudly hosted 272 badminton sessions, 8 training classes, 2 exciting tournaments, and 4 lively social events — all fostering a healthy, connected, and active lifestyle for our members. None of this would have been possible without the dedication, hard work, and unwavering support of our incredible volunteers, Executive team, and every member who brought energy and enthusiasm to the Bonsor 55+ Badminton Club. Wishing our Bonsor 55+ Badminton Club all the best and continued success in the 2025 season!

BAKING GROUP

As always, the Baking Group continues to provide delicious cookies and muffins for the Coffee Bar. The volunteers who run the Coffee Bar serve beverages and treats for all members of 55+. Please come and enjoy our 55+ Lounge!

B.E.A.R.S. CRAFT CLUB

We meet on Friday mornings at 10 - 12 and knit or crochet, have tea and cookies, lots of friendly chat and are getting ready for the fall Sale. The products produced are sold every fall at the Fall Craft Sales with proceeds donated to charity. Main Building floor area (the area BEARS usually use) for the Fall Craft Sales. This is scheduled for 10am-2pm on the Fridays of September 27 and November 1.

BINGO

Bingo is a game of chance played with cards having numbered squares corresponding to numbers drawn at random by a game host. There is a charge of \$0.25 per card and the games are held on Wednesdays, from 2-4 pm.

BRIDGE PRACTICE (AMERICAN STANDARD)

A friendly group meets every Tuesday, year-round, from 1 to 4 pm in the Bonsor 55+ Centre room MP3 for an afternoon of practicing bridge skills and non-competitive bridge play. This is an Intermediate Level group and some playing experience is desirable, but you don't need to be an expert to join us. We encourage additional players to come and try out our group.

BRIDGE (DUPLICATE)

Duplicate (Bridge is a more competitive style of Bridge. Duplicate bridge is a variation of contract bridge where the same set of bridge deals (i.e. the distribution of the 52 cards among the four hands) are played by different competitors, and scoring is based on relative performance. We meet Monday 1 – 4 pm. New members are always welcome.

BUS COMMITTEE

A total of 147 trips went out this year and we are very thankful for the drivers who make this happen. As always, we are especially thankful for Keith Saunders and Don Rhodes who keep the bus lean, fix any issues, and make sure we are on schedule with maintenance and bus inspections.

We sadly said adios to Monica who moved to the Island this winter but are thankful she has agreed to continue scheduling our drivers and host/hostesses and updating our calendar. Monica and Brett have also retired from planning our overnight trips and I know many seniors benefitted from the wonderful trips they organized. Thank you both for your many years of service!

We have luckily been able to find two new people to take over the planning and organizing of the overnight trips as Ger and Nathan have already begun planning for our first overnight trip of 2025.

Of course, our exciting news is the purchase of our new bus which arrived in July! It has 4 more seats than the previous bus and seems to be loved by all. Our previous bus was donated to Burnaby Neighborhood House who do wonderful work with Seniors as well.

Our new wrap was put on the bus on January 16, and we want to thank our generous sponsor Mulberry/Parc for their continued support for our program.

We also want to recognize Parkland for their generous support of our program through the gas gift cards they provide.

CHOIR (Bonsor Singin' Seniors Choir)

We average 14 people per practice session.

We booked 3 Christmas concerts:

Bonsor 55-Plus Society Xmas Lunch on 4th Dec

Renfrew Park Recreation Centre on 11th Dec

Mulberry Parc Residence on 20th Dec.

We are still looking for a replacement for Sylvaine as Conductor, and the tenor rank has evaporated. We're discussing a new format for the Spring Session.

COFFEE BAR

The coffee bar & lounge is located inside the 55+ Center. It is sponsored by the Bonsor 55+ Society with the purpose of providing a warm and welcoming refuge for seniors. It has also become a popular social gathering place over the years.

Since reopening after the pandemic, the coffee bar has been operating with limited hours due to shortage of volunteers. We are, however, planning to extend the operating hours on some of the busier days. We welcome anyone who has a passion for interacting with seniors to join our team of volunteers.

I would like to thank Bonsor staff and 55+ Society for their continuing support; also, special thanks to our team of volunteers who give up their time to make the day brighter for our seniors.

Please come and enjoy our 55+ Lounge!

KARAOKE

Singing karaoke is a fun and healthy activity for seniors, as it provides a fun way to socialize and improve mental health. Singing can help relieve anxiety and reduce stress levels in seniors and can also provide a much-needed serotonin boost. Our program time will be every Sunday. Two sessions will take place, one from 11:00 am-1:30 pm and another from 2:00 pm-4:30 pm. This is a drop-in program.

MAH JONG

2024 Annual Report for the Bonsor 55+ Mahjong Group. It outlines the group's objectives of promoting mental wellness, hand-eye coordination, and social interaction through Mahjong.

Key points include:

- Regular Mondays mahjong games from 3:30-8:30pm with 53 sessions held in 2024.
- Additional activities: 24-pax Burnaby community bus day trips, an annual mahjong tournament in Jan, and a mid-autumn festival hotpot dinner.
- Introduction and teaching of various mahjong games (HK, Taiwanese, Vietnamese and Mainland China games) and a table for English-speaking members. Currently, with about 12-15 mahjong tables set-up each week.
- Membership exceeds 70 and is growing, with annual dues set at \$25.
- The group emphasizes multi-cultural inclusivity and welcomes community participation.

MONDAY & WEDNESDAY BALLROOM DANCE

We dance the afternoon away to recorded, international ballroom music. A great opportunity to practice your steps. New members always welcome.

OPEN COMPUTER LAB

Computer Open Lab offers a great opportunity to come to have your electronics-related questions answered. Volunteers work with you to try to solve your computer, phone and tablet-related problems. Word processing, Internet, e-mail and photo management are examples of topics this group is helpful for \$1.00. This group meets Tuesdays, noon-3 pm

Submitted by Brian Pound

OPEN ARTS STUDIO

The Open Art Studio group meets every Tuesday afternoon. It is non-instructional. Visual artists are welcome to come and work on their favourite projects such as painting, drawing, calligraphy etc. during the session and enjoy the company of their fellow artists. We also have an art library with books donated by the members over the years.

Some activity highlights of 2024 were:

- We continued the theme painting project this year. A different theme was chosen each month and members created paintings along that theme for showcase on the second-floor display boards.
- Pauline Lowe was very gracious to host over 10 members at her home to learn about
- creating art with compressed air gun. We all learned a lot and came home with many masterpieces. During the summer months, our group self organized several Plein Air painting sessions in scenic spots in the lower mainland.
- The outings provided a great opportunity for members to practice their art outside while enjoying the company of each other.
- We again participated in the Mulberry PARC annual art show on Sep 21. Over 20
- members attended showing some 30 paintings. Our host commented on the quality of our paintings and our enthusiasm. We look forward to next year's show.
- The Artist of the Month displays continued. Members of the group take turns featuring their paintings on the dedicated easel in the lounge as well as our Bonsor 55+ webpage.
- A group potluck party was held on Dec 17 with special guest Jean Smith in attendance. Jean is one of the original founders of Open Art group. Good food and good company were enjoyed by all.
- We ended 2024 with 35 members. The group is co-led by Goodwin Young and Pauline Lowe.

We thank Bonsor for providing us with the facility and doing the setup every week before we meet. All Bonsor 55+ members are welcome to bring their own supplies and join us to create their own masterpiece.

PRACTICE LINE DANCE

The Bonsor 55+ Practice Line Dance Societal Group was formed in mid-March 2022. The Group comprises 40 members in 2024, including both returning and new participants. Membership numbers largely depend on the registered participants in various levels of line dance classes at the Bonsor Recreation Centre. Only individuals registered for Line Dance Classes in Burnaby are eligible to join this Group.

The volunteer group leaders, Lily Chew and Daisy Chan, are joined in 2024 by a new volunteer, Pippy Trenggana, who assists in all aspects of group activities alongside the leaders.

Weekly practice sessions are held every Thursday from 1:15 to 3:15 p.m. These sessions are highly appreciated by members, offering an opportunity to reinforce what they have learned in class while fostering friendships and building a sense of community.

We extend our gratitude to Louise Kowalenko, our dedicated Liaison Board member, and the supportive staff team, including but not limited to Chelsea Pereira and Kelli Tibbles of the Bonsor 55+ Centre.

SING-ALONG

The sing along group meets every other Thursday from 1 p.m. to 3 pm. at Multi 1 & 2. The average attendance is around 32 people. We sing songs from 50 & 60s, musical theatre, classical and folk songs. We encourage individual members with talent to perform in between the song tests and many choose to do so adding to the musical event. Every December, we have a potluck Christmas Party for members and their guests.

We collect our membership fee of \$10.00 starting January. Those who join in the middle year can only pay \$5.00. We would also like to make sure that the Bonsor membership fee is current. New members are always welcome.

SNOOKER

As we wrap up another fantastic year at Bonsor Snooker Club, I wanted to take a moment to reflect on the exciting events and accomplishments of 2024:

- **Referee Seminar:** We had 10 new referees join our ranks after completing a comprehensive 3-day seminar, led by various chairman. This initiative has significantly strengthened our community's expertise.
- **Social Events:** We hosted two enjoyable movie nights, a bus trip to Queen Elizabeth Park, and a fantastic luncheon for our members, creating many memorable moments.
- **Mary Horton Tournament:** The Mary Horton Tournament was a great success, and we had a full turnout of competitive spirit and sportsmanship.
- **B Team Championship:** Our Bonsor B Team performed exceptionally well, winning several home events and ultimately securing the championship for the club.
- **Leadership Changes:** After our AGM, we welcomed new leadership with the election of our new President, Treasurer, and a new Committee Member, ensuring fresh ideas and continued growth for the club.
- **Room Enhancements:** A few aesthetic upgrades to our facility were made, creating a more welcoming and enjoyable atmosphere for all.
- **Year-End Banquet:** We concluded the year with a wonderful luncheon at the banquet hall, celebrating our achievements together.
- **Ladder Tournament:** Finally, we kicked off our Ladder Tournament, which has already generated a lot of excitement, setting the stage for an even more thrilling 2025.
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As we look forward to the new year, we are filled with anticipation for even more events, camaraderie, and success. Thank you to everyone for making 2024 such a memorable year at Bonsor Snooker Club. Here's to even greater things ahead!

SOCIAL LINE DANCE

FRIDAY LINE DANCE. The group meets every Friday from 1 to 3 pm. Admission fee is \$1 for members and \$3 for non-members. Each session admits 36 dancers max due to limited floor space. Average attendance was about 30 per week. There were only a couple of occasions when we reached 36 and had to turn people away.

On December 13 the group members, 30 in total, had their Christmas and year-end lunch party at the 55+ Centre. Everyone had a wonderful time mingling and enjoying a mix of Western, Chinese and Japanese party foods. A lucky draw was held. As several members donated prizes towards the draw, everyone got a prize to take home. Everybody was happy and had a ton of fun.

We would like to thank the 55+ Society and all the volunteers who made this event a success.

WEDNESDAY LINE DANCE. The Social Line Dance drop-in program began on May 1, 2024, running every Wednesday from 1:00pm – 3:00pm, the fee is \$1.00 for members and \$3.00 for non-members. The capacity of the program is 35 participants at each session. This program is led by a volunteer dancer with other volunteers assisting. We do mostly easy beginner dances, it's a great way to exercise your body and mind, to enjoy the music, and to meet new friends.

We had our 1st Christmas party on December 18, 2024, a total of 35 participants attended, along with 2 guests. The party was full of fun, joy and laughter, a memorable event to remember.

We would like to thank the 55+ Society, and the 55+ Centre staff for all their support in making our program run smoothly.

TABLE TENNIS

The Table Tennis Group had another fun-filled year with 240 members. We are most appreciative of our long standing dedicated executives as well as the volunteers who keep the group running smoothly.

Members play 5 days a week as follows:

Monday 8:40 am – 2:50 pm

Tuesday 4:30 pm – 8:50 pm

Wednesday 8:40 am – 12:20 pm

Thursday 8:40 am – 10:50 am

Saturday 9:10 am – 4:50 pm

We had a very successful luncheon in celebration of the Moon Festival on September 12, 2024, with an attendance of 120 members and friends. The event was filled with laughter, complemented by an abundance of good food and lots of prizes. Our event organizer Monica put in a lot of hard work to make this a most memorable gathering.

Thanks to the generosity of our members, an impressive sum of \$426 had been raised for the Maywood School children in December 2024, with our group rounding up the check to \$500. Due to their kindness, the Maywood School children were able to have a warm holiday season.

There will be another lunch social to be held on March 4, 2025. You can be assured that it will be another hit with our members.

TENNIS

Brief Overview Season 2024

The tennis club is fortunate to have courts 9-10-11-12 reserved every Monday, Wednesday, Friday from 9:00-12:00 noon. Tennis season starts mid April to end of September. This year we had a total of 39 members.

In addition to fun social tennis, other events included a free pizza day in July and August. Also, a fun tournament in September. Our club hosted a year end dinner for all members plus invited guests, including games and prizes.

Brenda Felker, Board Liaison, conducted the Election of Officers for 2025.

New executive: President - Kan Pavananthan
Secretary - Patricia Lum
Treasurer - Cherry Chang

Members at Large: Georgina Wong, Ray Newnes, Ken Lee, Patrick Dooley.

TAI CHI YANG STYLE

Tai Chi is a traditional Martial Arts. Practicing Tai Chi improves overall balance, flexibility, and strength. When combined with Chi Gong exercises and breathing techniques. This combination is beneficial for all practitioners, especially senior citizens, to maintain or improve overall health.

Our classes are held twice a week:

Tuesdays from 1:30 to 3:30 pm (2nd floor in MPR1)

Fridays from 8:30 to 10:45 am (2nd floor in MPR1 and 2)

Membership fee is \$10 annually and our membership is currently 50+ and increasing.

For 2025, our Tai Chi Instructor is Arsenio Chua.

Rosalind Chang and advanced Tai Chi members are also available when needed.

Our 2025 program will be as follows:

Tuesday classes:

- We will continue with various Tai Chi forms that can be practiced in limited space environments. This includes Tai Chi 8 & 16 forms, 8 Brocades as well as incorporating Chi Gong and other exercises. New forms will be introduced as we progress.

Friday classes (bigger room):

- 8:30 - 9:30 Tai Chi 24 form (requires more room per member to move around). Having Tai Chi 8 and 16 forms as a foundation, Tai Chi 24 form is the natural progression.

- 9:35 -10:45 Tai Chi Cane will continue from the program that started in 2024 (requires more room also).

Emphasis is placed on correct form and movements for all of the above. This is the basis to practice Tai Chi continually.

Highlights for 2024 was a Chinese New Year function and a Christmas function at Bonsor 55+ facility. Our Tai Chi instructor, Arsenio Chua, also introduced a mock event wherein members performed their Tai Chi skills in front of a panel of Judges.

Our Social Committee along with many volunteer members, were instrumental in ensuring the above functions are carried out smoothly, thus resulting in enjoyable events.

Our Tai Chi members can look forward to better and longer health, while concurrently enjoy the fun factor from our Group activities!

TAI CHI DOUBLE YANG

Double Yang Tai Chi is a traditional Chinese martial art of self-defense. Combining with the exercise of qi-gong, Tai Chi helps to improve physical health and sustain mental well-being.

In 2024, the Group has 36 members, practicing three times per week under the guidance of Master Victor Chow. Membership fee is \$25, unchanged from 2023.

Highlights of the Group's activities in 2024 are:

- Dim sum luncheon in July at Grand Crystal Restaurant
- Christmas luncheon in December at Uncle Willie's Buffet
- We used a portion of the membership fees to subsidize members for the cost of the luncheons.
- As mandated by the Board of Directors, we contributed \$360.00 to the 55+ Society, representing \$10 (or 40%) of the membership fee.
- To support the Board's year-end charity drive, we donated \$250.00 of our membership fees to the neighbourhood Maywood Elementary School.

Our Group is open to seniors who would like to improve their quality of life through learning the practice of Gi-gong and Tai Chi. Interested individuals please contact David Chai for further information. David can be reached at email by phone at (604) 294-1057 or email dchai1151@gmail.com.

THURSDAY SOCIAL DANCE

The Thursday Night Dance is held every Thursday from 7pm to 9:30pm. Members pay \$6:00 while non-members pay \$8:00.

Two bands provide music for the dancing: the two bands play on alternate weeks and are very versatile playing ballroom music as well as Latin music. We have also incorporated line dancing to try to satisfy everyone.... this has become quite popular

At intermission, a light snack consisting of cookies, crackers, squares, fruit and coffee and tea is provided.

On special occasions like Valentines Day, Chinese New Year, Christmas as well as Hawaiian (summer) The dancers are encouraged to dress up for the occasion the Seniors like the special occasion where they could dress up silly or show off their nice outfits. You will be surprised what our seniors can come up with their outrageous funny costumes for Halloween. Some of these pictures have been featured on the Internet.

On an average we get about 100 dancers, but the number goes up on special occasions or when the weather is nice. Our aim is to provide our seniors with some form of entertainment that they are familiar with and enjoy doing...it's an evening out for them. A couple of our seniors are in their nineties and still dancing the foxtrot, waltz, cha-cha, tango and line dancing. I invite any or you interested to come and see what some of our seniors do for entertainment.

WEIGHT ROOM

The Fitness Group meets in the Fitness/Cardio rooms Monday, Wednesday, and Friday. Hours are 10:30 to 11:30am. We average 30 Members and after our workout many meet at 55+ building for coffee, cookies and social time. During summertime an ad hoc picnic and social is enjoyed by our group bringing their lunch and refreshments at Fraser River Foreshore Park.

TREASURERS REPORT

**Bonsor 55+ Society
Balance Sheet**

	<u>2024</u>	<u>2023</u>
Assets:		
Cash:		
Petty Cash	156	198
Chequing account	19,725	22,310
Savings Account	1,444	153,598
Deposit pending	1,722	240
Term Deposits and shares	45,005	65,005
	<u>68,052</u>	<u>241,351</u>
Accounts Receivable	<u>1,622</u>	<u>850</u>
Net book value Fixed Assets		
Furniture	10,750	5,686
Bus	184,923	20,760
	<u>195,673</u>	<u>26,446</u>
Total assets	<u>265,347</u>	<u>268,647</u>
Liabilities and Equity:		
Deferred Revenue	12,000	
Accounts Payable	419	1,926
Bank Card		
Trips		
Donations pending	1,114	1,989
Total Liabilities	<u>13,533</u>	<u>3,915</u>
Equity – Opening	240,905	181,487
Bequest	23,827	30,356
Income	(12,918)	52,889
Total Equity	<u>251,814</u>	<u>264,732</u>
Total	<u>265,347</u>	<u>268,647</u>

Bonsor 55+ Society
Income Statement
 2024, 2023 and Budget 2024

		2024	2023	Budget 2025
Operations – Groups & Activities				
Revenues		151,136	177,335	
Expenses		138,097	112,911	
Operating income	Pg.3	13,039	64,424	42,700
Other income				
Bank interest		2,946	5,572	1,800
Donations		2,332	1,000	2,000
GST rebate		1,138	1,263	1,200
		6,416	7,835	5,000
Other expense				
Office costs	Pg.4	6,211	7,191	4,850
Events, Meetings	Pg.4	19,604	6,072	17,550
Insurance		6,558	6,107	7,000
		32,373	19,370	29,400
Net Income		-12,918	52,889	18,300

**Bonsor 55+ Society
Group operations**

	2024			2023	Budget 2025
	Revenue	Expense	Net		
Bears	2,327	327	2,000	0	200
Open Arts	560		560	225	500
Computer Multi media	165		165	330	50
Bridge	40		40	370	0
Tournament Bridge	210		210	80	200
Other Cards	100		100		100
Mah Jong	2,350	1,950	400	620	700
Tai Chi	1,523	238	1,285	570	700
Choir	320	213	107	350	300
Sing-a-long	540	216	324	480	350
Karaoke	4,684	3,899	785	274	1,000
Badminton	23,831	19,706	4,125	4,040	2,900
Snooker	9,622	8,830	792	1,380	1,000
Table Tennis	6,197	3,511	2,686	2,300	2,400
Tennis	1,860	1,480	380	410	400
Dance – Social MW	20,527	3,096	17,431	21,119	17,000
Dance – Ballroom	30,089	18,114	11,975	14,733	7,000
Line Dance Practise	400		400	400	400
Social Line Dance	1,809	1,042	767	1,134	1,000
Coffee Bar	10,461	3,818	6,643	7,306	4,500
Baking		2,019	(2,019)	-2,222	
Bus Local & Trips	33,521	48,878	(15,357)	10,525	2,000
Old Bus Book Value		20,760	(20,760)		
Total	151,136	138,097	13,039	64,424	42,700

Bonsor 55+ Society
Other Detail
 2024, 2023 and Budget 2024

	2024	2023	Budget 2025
Office Costs			
Lounge	717	2,104	500
Supplies	211	569	600
Computer & Web Site	383	313	500
Equipment	1,859	1,538	500
Sunshine	138	220	250
Bank Charges	216	10	
Depreciation (except bus)	2,687	2,437	2,500
	6,211	7,191	4,850
Events, Meetings, Sponsorship			
Volunteer Lunch	6,591	3,804	7,000
Wine & Cheese	1,600		2,000
Two Dinner and Dances	5,463		4,000
Other – includes BBQ	1,389	53	1,500
Senior Games		525	1,000
Annual General Meeting	106	204	300
Group Leaders	591	636	750
Donations	3,864	850	1,000
	19,604	6,072	17,550