

Please print and post where Burnaby seniors will see this.

COVID-19 – May 2020

Are you a Senior in Burnaby Who Needs Help?

Help with Grocery Shopping, Free Food Support or Prescription Delivery?

CALL: Burnaby Neighbourhood House
at 604-431-0400
www.burnabynh.ca

Help with Home Health Services?

CALL: Fraser Health Home Health
Service Line at 1-855-412-2121
<https://www.fraserhealth.ca/Service-Directory/Services/home-and-community-care/home-support-services>

Help because you are being abused?

CALL: Seniors Abuse and Information
Line at 604-437-1940
<http://seniorsfirstbc.ca/programs/sail/>

Help to find a Doctor?

CALL: Burnaby Division of Family Practice at
236-455-0154 or 236-427-5799
<https://www.divisionsbc.ca/burnaby>

Help to deal with your worries or concerns (mental health)?

CALL: Fraser Health Crisis Line at
604-951-8855
<https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use>

Help to find other social services?

CALL: 2-1-1
<https://www.bc211.ca/>

Help with translation or to get information in your language?

CALL: 2-1-1 and say the name of your
language
<https://www.bc211.ca/>