

Please print and post where Burnaby seniors will see this.

COVID-19 – May 2020

您是住在本拿比的长者吗? 您需要帮助吗?

送货服务 (食品 日用品 药品)

电话: Burnaby Neighbourhood House
at 604-431-0400

网址: www.burnabynh.ca

需要找医生

电话: Burnaby Division of Family Practice at
236-455-0154 or 236-427-5799

网址: <https://www.divisionsbc.ca/burnaby>

家居护理服务

电话: Fraser Health Home Health
Service Line at 1-855-412-2121

<https://www.fraserhealth.ca/Service-Directory/Services/home-and-community-care/home-support-services>

帮助您克服担心与焦虑 (心理健康)

电话: Fraser Health Crisis Line at
604-951-8855

<https://www.fraserhealth.ca/health-topics-a-to-z/mental-health-and-substance-use>

您受到虐待, 需要帮助?

电话: Seniors Abuse and Information
Line 长者受虐资讯热线 at 604-437-1940
<http://seniorsfirstbc.ca/programs/sail/>

帮助您找到其它社区支援

电话: 2-1-1

网址: <https://www.bc211.ca/>

帮助翻译或获取您所用语言的信息

电话: 2-1-1 说出您所用的语言

网址: <https://www.bc211.ca/>